

# SUPER SUPPERS



Your answer to ... "What's for dinner?"

Imagine coming HOME after a long day and not having to think about or work at getting dinner on the table. You just pull out a Ready-to-Cook meal, follow easy cooking directions, (oven, stovetop or grill) and dinner is served.

Super Suppers gives everyone new ideas for Healthy, Fun Meals. We purchase all of the ingredients, do the chopping, pouring, and calculating, and assemble meals. Each month we highlight 12 'Chef Tested' recipes with easy to follow directions. These meals are on our Website, and available in our store everyday of the month. With over 200 recipes to choose from, we also keep 20-30 different meals everyday in our Grab-N-Go Freezer. You can purchase one meal or several.

## We Save You Time!

Some customers come into our Studio kitchen and assemble their own meals—this saves up to 45 minutes per evening. Those who can't come in to assemble your own, order a Pick-Up and still have great meals! Our Grab-n-Go option is available everyday for more time-savings. Just stop in or call to see what we have Today!

## We Save You Money!

You probably think this service is expensive? We package our meals in 3-portion size for the convenience of couples, and 6 portion size for families. Each meal ordered online is \$22 and is actually 6 servings, you decide if it will be one meal or split into two. When did you last go to a nice restaurant and have 4-6 people eat for \$22? Or a couple eat for \$11! When you purchase 6 meals or more, you SAVE even more!

## We are Health Conscious!

Another great thing about our meals is the portion control. Our Boneless, skinless IQF chicken breasts are 4 ounce size, the recommended dietary amount. So are our boneless center-cut pork chops, tilapia and salmon fillets, etc... Are you hungry yet? Our meal directions usually suggest healthy sides, like salad and vegetables, instead of starches. Nutrition information is available online and at our store.

[www.scranberrypa.com](http://www.scranberrypa.com)

20325 Route 19 Cranberry Gardens Plaza, Cranberry Township

724-742-4433

## STORE HOURS

*No appointment needed & NO minimum purchase*

Monday/Saturday 10:00 am – 4:00 pm

Tuesday thru Friday 10:00am – 6:00 pm

Evening Hours – Available on Request

unless a Private Party is scheduled. Check our calendar for information.

Call 724-742-4433 or register online at [www.scranberrypa.com](http://www.scranberrypa.com)

**A 1/2 Entrée is 3 servings or more, A Full Entrée is 6 Servings or more.** Some Entrees are full size only.

Thaw all items a minimum of 24 hours for best results.

## PRICES

### Assemble your own meals or Pre-Order Pickup Prices

Menu changes Monthly

1/2 Entrée 12.00

Full Entrée 22.00

6 Entrees 120.00

12 Entrees 228.00

### SINGLE Meals

By request only

6.00,5.50,5.00

### Grab & GO

convenient pre-assembled meals

1/2 Entrée 15.00

Full Entrée 25.00

***Side dishes, bread and dessert items are also available!***

## PRIVATE PARTIES

Call Sue at 724-742-4433 for more information on how to schedule your own private session with friends, teammates or colleagues!

We offer introductory sessions, Lunch & Learn, and Reward Sessions, Birthday Parties and Team Building.